

What is a Holistic Lifepath?

The answer is so simple, that you may wonder why you had not thought about it before. Once you have understood it, you won't want to be without it .

Every animal is on a path through life, its Lifepath. It starts with birth, and goes on all the way to death. The path goes through various stages, the young animal, mature adult and on to old age. Throughout its Lifepath the animal is on a journey on which it will encounter a whole variety of challenges, some big, some small.

It is always the Challenge, relative to the Ability to Respond. Mostly the animal will be able to deal with the challenges, so much so you may not even notice. Other times the challenge may be too great and disease will result. Animals that respond well, will be naturally more healthy.

Our preference, of course, is to support our animals being in the centre of their path and able to respond well. In the Green Zone where life is good, everything is working well and running smoothly. Equally, we have all experienced situations when animals come out of balance and end up in the Red Zone. At this stage it is great to have a veterinary profession that can help manage the problem.

The important bit is that it never goes straight from Green to Red. There is an in-between bit, the Amber Zone. What really happens is that if the animal goes out of balance, it goes from Green to Amber to Red. Similarly when it gets better it goes from Red to Amber to Green.

The better you can manage the Green and the Amber, the better the chances of steering the animal away from the Red.

Similarly if they do end up the Red, you can help them with their recovery by steering them back through the Amber and into the Green.

- If you can support your animals, on their path through all the stages of their life, to spend as much possible time as possible in the Green.
- If you can get good at managing any problems that occur in the Amber with simple, gentle, natural methods.
- If you can minimise the need for having animals in the Red, needing Red types of treatment.
- If you can do all this and achieve a long, happy, healthy life for animals in your care.

Then you are creating an amazing Holistic Lifepath for your animals and they will thank you for it.

So if you want Happy, Healthy Animals that are full of Vitality and live to a ripe old age, follow the Holistic Lifepath.

